Solinsky EyeCare
Residency in Ocular Disease

PROGRAM COORDINATOR: Susan Janik, OD (sjanik@solinskyeyecare.com)
SITE LOCATIONS: Solinsky EyeCare, multiple locations near Hartford, CT
NUMBER OF POSITIONS: One
ESTABLISHED: July 2025

MISSION STATEMENT OF THE RESIDENCY IN OCULAR DISEASE:

The mission of the Solinsky EyeCare Residency in Ocular Disease is to offer qualified optometrists advanced clinical experience in the diagnosis and treatment of ocular disease in a private practice environment. The program will prepare the resident to provide the highest level of care from primary eye care to advanced ocular disease management. Upon our program's completion, residents will be prepared to excel at providing the pinnacle of optometric care in private practice.

PROGRAM DESCRIPTION:

The residency at Solinsky EyeCare offers outstanding clinical training and professional development. Our resident will enjoy the unique opportunity to give patient care in a large full scope multispecialty practice and will receive advanced training in comprehensive eye care, emergency eye care, cornea, cataract, glaucoma, oculoplastic and retinal disease. In addition to direct patient care the resident has the opportunity to observe cataract surgery (including LAL), glaucoma surgery, oculoplastic surgery and refractive surgery. They observe intravitreal injections and fluorescein angiographies in our minor procedure rooms. The faculty offer expertise in all areas of specialization and are available to the residents for instruction and consultation. The resident will complete the program prepared to confidently provide the highest level of eye care.

Solinsky EyeCare has offices in West Hartford, East Hartford, Hartford, Enfield, Vernon, Willimantic, Newington, Wallingford, Glastonbury, Southington and Avon, CT. The resident will be based at the Glastonbury office but will travel to other offices to maximize diversity in clinical experience.

RESIDENT GOALS AND OBJECTIVES:

Goal One: The resident will develop advanced competency in the evaluation and management of patients presenting to an OD/MD practice.

Objective 1a: The resident will evaluate and manage a large number of patients, a majority of whom will require management of an ocular disease/condition.

Objective 1b: The resident will become proficient in the evaluation and management of patients presenting for urgent care visits.

Objective 1c: The resident will evaluate and manage ocular surface conditions according to currently accepted standard of care.

Objective 1d: The resident will incorporate culturally sensitive patient education and shared decision making into their clinical encounters.

Goal Two: The resident will collaborate and communicate with ophthalmologists and other professionals to ensure well-coordinated patient care.

Objective 2a: The resident will gain exposure in the co-management of patients being evaluated for ocular surgery.

Objective 2b: The resident will gain familiarity with ophthalmic surgeries through observation of a variety of surgeries and procedures.

Objective 2c: The resident will demonstrate the ability to coordinate care and effectively communicate care with the interdisciplinary team to maximize patient outcomes.

Goal Three: The resident will research and analyze current scientific information and integrate evidence-based clinical decisions into patient care.

Objective 3a: The resident will demonstrate the ability to apply evidence-based clinical decision making into their patient care decisions

Objective 3b: The resident will lead journal club activities periodically throughout the residency.

Objective 3c: The resident will present cases in grand rounds format to the residency coordinator and program faculty periodically throughout the residency.

Goal Four: The resident will attend didactic activities during the residency program that will support the development of advanced competencies in the area of ocular disease and patient management.

Objective 4a: The residents will attend at least one national conference (ex. AAO) during their residency year.

Objective 4b: The resident will attend the Solinsky EyeCare Continuing Education Conference or other agreed local/regional conference during the residency year

Objective 4c: The resident will attend and participate in the NECO Residency Conferences.

Goal 5: The resident will gain experience in contributing to the body of knowledge of the profession through participation in scholarly activities.

Objective 5a: The resident will develop and present at least one lecture to colleagues.

Objective 5b: The resident will develop and present a presentation that will be delivered at the NECO Spring Residency Conference.

Objective 5c: The resident will prepare and submit an abstract to the AAO meeting or other national meeting and present the corresponding poster/lecture, if accepted.

Objective 5d: The resident will research and write a publishable quality paper during the residency year.

EXAMPLE RESIDENT SCHEDULE:

WEEK 1:

Monday: Primary Care – Glastonbury Office
Tuesday: Dry Eye Clinic AM, Primary Care PM– Glastonbury Office
Wednesday: Primary Care AM, Oculoplastic Procedures PM - West Hartford Office
Thursday: Scleral fits AM, Primary Care PM – Newington Office
Friday: Primary Care—East Hartford Office

WEEK 2:

Monday: Primary Care – Wallingford Office
Tuesday: Dry Eye Clinic AM, Primary Care PM– Glastonbury Office
Wednesday: Post-op Care including LAL AM, Oculoplastic Procedures PM - West Hartford Office
Thursday: Follow Retina or Glaucoma -East Hartford Office
Friday: Same Day Emergency – Glastonbury Office

Office hours are 7:20 am to 4:30 pm Tuesday - Friday and 7:20 am to 5:30 pm on Mondays and certain Tuesdays.

On-call one week a month from Friday at 4:30 pm to the following Friday at 7:00 am. Weekend call may not occur the same week as the weekday call.

LENGTH OF RESIDENCY:

The residency will be one calendar year in length, beginning July 1 and ending June 30.

COMPENSATION AND BENEFITS:

The resident will receive an annual stipend of $65,000. In addition, the resident will receive health care benefits, 21 days of paid vacation, no cost for continuing education credits at our annual conference, a $1000 travel stipend to an optometric meeting and malpractice insurance coverage during residency activities at our offices.

CRITERIA FOR COMPLETION OF THE RESIDENCY:

- Attend all scheduled clinic sessions and demonstrate appropriate professional conduct at all times.
- Demonstrate the advanced clinical skills, knowledge and expertise required to meet the goals and objectives of the program, as determined by the program coordinator and faculty.
- Attend all formal NECO residency conferences and any other educational programs that have been selected by mutual agreement.
- Complete scholarly activities described in the program curriculum, including writing a paper of publishable quality and presenting at the end of year residency conference.
- Maintain an accurate Patient Log and Activities Log to document the clinical and non-clinical activities during the residency
- Be evaluated periodically by clinical supervisors and informed of recommendations or suggestions made to enhance performance.
- Complete all NECO program and preceptor evaluations and questionnaires as required in a timely manner.
- Licensure in the state of Connecticut must be obtained by the end of the residency year in order to obtain a completion certificate.

Upon evidence of satisfactory performance in meeting all requirements of the program, the resident will be awarded a Certificate of Completion by the college.

APPLICATION REQUIREMENTS:

1. Applicants must have earned a Doctor of Optometry degree from a school or college of optometry with an ACOE accreditation status prior to the onset of the program year.
2. Applicants ideally have passed all parts of the NBEO prior to the residency start date. Any NBEO exam that has not been passed must be taken and passed prior to the end of the residency year. Individuals accepted into the residency program should obtain a license to practice optometry in the state of Connecticut as early as possible in the residency year. Licensure must be obtained by the end of the residency year in order to obtain a completion certificate.
3. Applicants must be available for a personal interview.
4. Applicants can apply through the National Matching Services, Inc. ORMatch.
5. The residency coordinator and faculty decide which candidates to rank based on clinical and academic competence, recommendations, interpersonal skills and interest in ocular disease. Each member of the faculty ranks the year's applicants and the coordinator consolidates these scores into a final ranking of applicants and submits this rank to ORMatch. The resident will be chosen based on credentials and the interview.

6. Solinsky Eye Care and NECO do not discriminate on the basis of race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law.

7. International applicants who are authorized to work without sponsorship are eligible to apply.

Please visit the ORMatch website at www.natmatch.com/ormatch for application materials, deadlines and other information. The deadline is January 29, 2027.

Please submit the following in a timely manner:

1. Current curriculum vitae
2. Letter of intent
3. Official optometry school transcripts that should be sent to program coordinator
4. Official NBEO scores
5. Three letters of recommendation that can be uploaded onto the ORMatch site

ACCREDITATION STATUS:

Solinsky EyeCare Residency in Ocular Disease is a first year program that is seeking initial accreditation status from the Accreditation Council on Optometric Education (ACOE) (for more information, contact the ACOE. website: www.theacoe.org; email: accredit@theacoe.org.

FOR MORE INFORMATION, PLEASE CONTACT:

Susan Janik, OD
Program Coordinator, Residency in Ocular Disease
Solinsky EyeCare
300 Winding Brook Drive 2nd Floor, Suite 1
Glastonbury, CT 06033
sjanik@solinskyeyecare.com

or

Nicole Quinn, OD
Director of Residencies
New England College of Optometry
424 Beacon Street
Boston, MA 02115
QuinnN@neco.edu