Eyesight Ophthalmic Services
Residency in Cornea and Contact Lenses

PROGRAM COORDINATOR: Lauren McLoughlin, OD (lmcloughlin@eyesightnh.com)
SITE LOCATIONS: Eyesight Ophthalmic Services, Portsmouth and Seacoast, NH
NUMBER OF POSITIONS: One
ESTABLISHED: 2023

MISSION STATEMENT OF THE RESIDENCY IN CORNEA AND CONTACT LENSES:

The mission of the Residency in Cornea and Contact Lenses at Eyesight Ophthalmic Services is to provide optometrists with advanced clinical experience, beyond that of entry level optometric practice, in specialty contact lens fitting and management, diagnosis and management of ocular surface abnormalities and disease, experience in dry eye diagnosis and treatment and management, experience in co-management of refractive surgery and ICL's and crosslinking. The residency will provide clinical education, teaching assignments, mentoring, grand rounds cases and extensive patient exposure. The residency will prepare the resident for leadership careers in clinical eye care and optometric education.

PROGRAM GOALS AND OBJECTIVES:

Goal One: To provide advanced clinical experience in specialty contact lens fitting and management.

Objective: The resident will rotate through the Specialty Contact Lens clinic and provide clinical care and gain advanced clinical experience in the design and fitting of specialty and medically necessary contact lenses.

Goal Two: To provide the resident with advanced clinical training in the diagnosis and management of ocular surface abnormalities

Objective: The resident will rotate through Cornea Clinic and will provide clinical care and gain advanced clinical experience in the diagnosis and management of corneal abnormalities according to currently accepted standard of care.

Goal Three: To provide the resident with clinical experience with advanced dry eye disease, treatment and management.

Objective: The resident will rotate through the Ocular Surface Wellness clinic and will gain advanced clinical experience in the diagnosis, treatment and management of advanced dry eye disease according to currently accepted standards of care.

Goal Four: To provide the resident with clinical training in pre and post management of refractive surgery, ICL's and crosslinking.

Objective: The resident will rotate through our Lasik Center and will provide clinical care and gain experience and co-manage a large number of corneal refractive patients, ICL's and crosslinking according to accepted standards of care and clinical protocols.

Goal Five: To provide the resident with teaching assignments and opportunities for scholarly activity and mentoring.

Objective 5a: The resident will supervise multiple students each quarter from 3 different optometry schools in the clinical setting.

Objective 5b: The resident will lead journal club activities with the students on a regular basis and the residency coordinator and resident will participate in grand rounds with the students on a quarterly basis.

Goal 6: The resident will gain experience in contributing to the body of knowledge of the profession through participation in scholarly activities.

Objective 6a**:** The resident will present a case study or presentation at the Asarkoff Residency Conference in June at NECO

Objective 6b**:** The resident has the opportunity to submit an abstract to the AAO meeting or other national meeting and present the corresponding poster/lecture, if accepted.

Objective 6c**:** The resident will research and write a publishable quality paper during the residency year

Goal 7: The resident will attend didactic activities during the residency program that will support the development of advanced competencies in the area of Anterior Segment, specialty lenses and patient management.

Objective 7a**:** The residents will attend at least one national conference (ex. AAO) during their residency year

Objective 7b**:** The resident will attend and participate in the NECO Residency Conferences

Goal 8: The resident will collaborate and communicate with other health care disciplines to assure well-coordinated patient care, culturally sensitive patient education and shared decision making into their clinical encounters.

Objective 8a**:** The resident will gain familiarity with ophthalmic surgeries through observation of a variety of surgeries and procedures. Observations may include DSEK, Lasik, EVO, Cataract, Retina repair

Objective 8b**:** The resident will demonstrate the ability to coordinate care and effectively communicate care with the interdisciplinary team to maximize patient outcomes.

RESIDENT ACTIVITIES:

The residents are expected to be engaged in residency related activities for 40-50 hours per week. These activities can include:

- Direct optometric patient care which will occur at several of the offices: Portsmouth (Eyesight and Clear Advantage), and Somersworth
- Teaching activities to include clinical instruction with students at the Portsmouth or Somersworth Location
- Scholarly activities to include grand rounds and journal clubs with students
- Four mandatory resident conferences at NECO
- One original case report or scholarly activity that will be submitted as a publishable quality paper to the residency coordinator
- A case report that will be presented at the NECO Residency Conference in June (Opportunity to submit case report for presentation at a national conference)

EXAMPLE RESIDENT SCHEDULE:

WEEK A
Monday: Primary Care – Portsmouth Office
Tuesday: Dry Eye Clinic – Somersworth Office
Wednesday: Pre-/Post-op Care - Clear Advantage
Thursday: AM Cornea Clinic/Crosslinking, PM Scleral Lens Clinic – Portsmouth Office
Friday: AM Dry Eye Clinic, PM Same Day Emergency – Portsmouth Office

WEEK B
Monday: Cornea Clinic – Portsmouth Office
Tuesday: Dry Eye Clinic – Somersworth Office
Wednesday: Pre-/Post-op Care - Clear Advantage
Thursday: Scleral Lens – Portsmouth Office
Friday: AM Dry Eye, PM Same Day Emergency – Portsmouth Office

There are no on-call hours.

LENGTH OF RESIDENCY:

The residency will be one calendar year in length, beginning June 29th 2026 and ending June 29th 2027.

COMPENSATION AND BENEFITS:

The resident will receive an annual stipend of $65,000. In addition, the resident will receive health care benefits, 3 weeks of paid vacation, no cost at continuing education at the college, a travel stipend to an optometric meeting and malpractice insurance coverage during residency activities at our offices.

CRITERIA FOR COMPLETION OF THE RESIDENCY:

- Demonstration of the advanced clinical skills, expertise and knowledge required to meet the goals and objectives of the program, as determined by the program coordinator and faculty.
- Attendance to all scheduled clinic sessions with professional conduct demonstrated at all times.
- Completion of didactic activities defined by the program curriculum, including writing a paper of publishable quality and presenting at the end of the year residency conference.
- Documentation of all clinical activities through maintenance of an accurate patient log.
- Documentation of all didactic and scholarly activities through maintenance of an accurate activity log
- Be evaluated periodically by clinical supervisors and informed of recommendations or suggestions made to enhance performance. Complete all NECO program and preceptor evaluations and questionnaires as required in a timely manner
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- Licensure to practice optometry in the state of New Hampshire by the end of the residency year
- Upon evidence of satisfactory performance in meeting all requirements of the program, the resident will be awarded a Certificate of completion by the New England College of Optometry

APPLICATION REQUIREMENTS:

MINIMUM ELIGIBILITY AND APPLICATIONS REQUIREMENTS:

1. Applicants must have earned a Doctor of Optometry degree from a school or college of optometry with an ACOE accreditation status prior to the onset of the program year. Applicants must apply through the Optometry Residency Match (ORMatch) application at www.natmatch.com/ormatch. The deadline for submission is January 29. Applications must include the following:
    1. Letter of Intent/Personal Statement
    2. Curriculum vitae
    3. Official optometry school transcript
    4. NBEO scores
    5. Three letters of recommendation

Applicants ideally have passed all parts of the NBEO prior to the residency start date. Any NBEO exam that has not been passed must be taken and passed prior to the end of the residency year. Individuals accepted into a residency program should obtain a license to practice optometry as early as possible in the residency year. Licensure in the state of New Hampshire must be obtained by the end of the residency year in order to obtain a completion certificate

Selection Process

The residency program coordinator and faculty review the applications received and determine which candidates will be invited to a personal interview. Onsite interviews are preferred, but virtual interviews may be granted at the discretion of the program coordinator.

After completion of the interviews, the residency coordinator and faculty rank the applicants based on their application and interview performance. Emphasis is placed on clinical and academic credentials, letters of recommendation, interpersonal skills and interest in the program. Rankings are submitted to ORMatch by the deadline. All ORMatch rules and processes are followed throughout the application process, match and post-match periods.

Eyesight Ophthalmic Services and NECO do not discriminate on the basis of race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law.

ACCREDITATION STATUS:

The Accreditation Council on Optometric Education (ACOE) has granted EyeSight Ophthalmic Services Residency in Cornea and Contact Lenses the accreditation status of “Accredited.” Accredited is a classification granted to an educational program indicating that the program generally meets the Standards for accreditation. For more information, see the ACOE’s website at www.theACOE.org or contact the ACOE at accredit@theacoe.org.

FOR MORE INFORMATION, PLEASE CONTACT:

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