



**Eyesight Ophthalmic Services**  
**Residency in Cornea and Contact Lenses**

**PROGRAM COORDINATOR:** Lauren McLoughlin, OD (lmcloughlin@eyesightnh.com)  
**SITE LOCATIONS:** EyeSight Ophthalmic Services, Portsmouth and Seacoast, NH  
**NUMBER OF POSITIONS:** One  
**ESTABLISHED:** 2023  
**ACCREDITATION STATUS:** Seeking ACOE accreditation (first year program)  
(contact [accredit@theacoe.org](mailto:accredit@theacoe.org))

**MISSION STATEMENT OF THE RESIDENCY IN CORNEA AND CONTACT LENSES:**

The mission of the Residency in Cornea and Contact Lenses at Eyesight Ophthalmic Services is to provide optometrists with advanced clinical experience, beyond that of entry level optometric practice, in specialty contact lens fitting and management, diagnosis and management of ocular surface abnormalities and disease, experience in dry eye diagnosis and treatment and management, experience in co-management of refractive surgery and ICL's and crosslinking. The residency will provide clinical education, teaching assignments, mentoring, grand rounds cases and extensive patient exposure. The residency will prepare the resident for leadership careers in clinical eye care and optometric education.

**PROGRAM GOALS AND OBJECTIVES:**

**Goal One:** To provide advanced clinical experience in specialty contact lens fitting and management.

- Objective: The resident will rotate through the Specialty Contact Lens clinic and provide clinical care and gain advanced clinical experience in the design and fitting of specialty and medically necessary contact lenses.

**Goal Two:** To provide the resident with advanced clinical training in the diagnosis and management of ocular surface abnormalities

- Objective: The resident will rotate through Cornea Clinic and will provide clinical care and gain advanced clinical experience in the diagnosis and management of corneal abnormalities according to currently accepted standard of care

**Goal Three:** To provide the resident with clinical experience with advanced dry eye disease, treatment and management.

- Objective: The resident will rotate through the Ocular Surface Wellness clinic and will gain advanced clinical experience in the diagnosis, treatment and management of advanced dry eye disease according to currently accepted standards of care.

**Goal Four:** To provide the resident with clinical training in pre and post management of refractive surgery, ICL's and crosslinking.

- Objective: The resident will rotate through our Lasik Center and will provide clinical care and gain experience and co-manage a large number of corneal refractive patients, ICL's and crosslinking according to accepted standards of care and clinical protocols.



**Goal Five:** To provide the resident with teaching assignments and opportunities for scholarly activity and mentoring.

- Objective 1a: The resident will supervise multiple students each quarter from 3 different optometry schools in the clinical setting.
- Objective 1b: The resident will lead journal club activities with the students on a regular basis and the residency coordinator and resident will participate in grand rounds with the students on a quarterly basis.
- Objective 1c: The resident will participate in scholarly activities during the year at NECO and will develop and complete an original manuscript of publishable quality.

### **RESIDENT ACTIVITIES:**

The residents are expected to be engaged in residency related activities for 40-50 hours per week. These activities can include:

- Direct optometric patient care which will occur at several of the offices: Portsmouth (Eyesight and Clear Advantage), and Somersworth
- Teaching activities to include clinical instruction with students at the Portsmouth or Somersworth Location
- Scholarly activities to include grand rounds and journal clubs with students
- Four mandatory resident conferences at NECO
- One original case report that can be a paper or a poster that will be presented at the NECO Residency Conference and/or a national optometry conference
- Completion of an original manuscript of publishable quality

### **EXAMPLE RESIDENT SCHEDULE:**

#### WEEK A

Monday: Primary Care – Portsmouth Office

Tuesday: Dry Eye Clinic – Somersworth Office

Wednesday: Pre-/Post-op Care - Clear Advantage

Thursday: AM Cornea Clinic/Crosslinking, PM Scleral Lens Clinic – Portsmouth Office

Friday: AM Dry Eye Clinic, PM Same Day Emergency – Portsmouth Office

#### WEEK B

Monday: Cornea Clinic – Portsmouth Office

Tuesday: Dry Eye Clinic – Somersworth Office

Wednesday: Pre-/Post-op Care - Clear Advantage

Thursday: Scleral Lens – Portsmouth Office

Friday: AM Dry Eye, PM Same Day Emergency – Portsmouth Office

There are no on-call hours.



## **LENGTH OF RESIDENCY:**

The residency will be one calendar year in length, beginning July 1 and ending June 30.

## **COMPENSATION AND BENEFITS:**

The resident will receive an annual stipend of \$65,000. In addition, the resident will receive health care benefits, 3 weeks of paid vacation, no cost at continuing education at the college, a travel stipend to an optometric meeting and malpractice insurance coverage during residency activities at our offices.

## **CRITERIA FOR COMPLETION OF THE RESIDENCY:**

- Maintain an accurate Patient Log that will be reviewed by the program coordinator and the Director of Residencies. The log will be submitted every 3 months and will include patient demographics, services provided, and level of involvement in the care of the patient.
- Attend all scheduled clinic sessions, as assigned, and demonstrate appropriate professional conduct at all times.
- Demonstrate the necessary clinical skills, expertise and progress as determined by the clinical supervisors/preceptors.
- Attend all formal NECO residency conferences and any other educational programs that have been selected by mutual agreement.
- Write a paper that is suitable for publishing based upon a clinical case. The initial draft is due April 1 to the program coordinator and the final paper is due June 30.
- Maintain an Activities Log of all non-clinical activities during the residency
- Be evaluated periodically by clinical supervisors and informed of recommendations or suggestions made to enhance performance.
- Complete all NECO program and preceptor evaluations and questionnaires as required in a timely manner.
- Upon evidence of satisfactory performance in meeting all requirements of the program, the resident will be awarded a Certificate of Completion by the college.

## **APPLICATION REQUIREMENTS:**

### **MINIMUM ELIGIBILITY AND APPLICATIONS REQUIREMENTS:**

1. Applicants must be graduates of an ACOE accredited college of optometry.
2. Successful completion of the National Boards Parts I, II and III by the end of the residency program.
3. Applicants must be eligible for optometric licensure in the state of NH at the earliest opportunity.
4. Applicants must be available for a personal interview.



5. Applicants can apply through the National Matching Services, Inc. ORMatch.

Please visit the ORMatch website at [www.natmatch.com/ormatch](http://www.natmatch.com/ormatch) for application materials, deadlines and other information. The deadline is January 31, 2024.

Please submit the following in a timely manner:

1. Current curriculum vitae
2. Letter of intent
3. Official optometry school transcripts that should be sent to program coordinator
4. Official NBEO scores
5. Three letters of recommendation that can be uploaded onto the ORMatch site

All applicants will be evaluated without regard to gender, race, age, citizenship, or non-disqualifying physical disabilities.

**FOR MORE INFORMATION, PLEASE CONTACT:**

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